



BOB RILEY
GOVERNOR

State of Alabama Alabama Department of Corrections

301 South Ripley Street
P. O. Box 301501
Montgomery, AL 36130



Donal Campbell
COMMISSIONER

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ADMINISTRATIVE REGULATION
NUMBER 637

OPR: TREATMENT

GENDER IDENTITY DISORDER

I. GENERAL

This Alabama Department of Corrections (ADOC) Administrative Regulation (AR) establishes the responsibilities, policies, and procedures to ensure a standard of care for the treatment of transsexual inmates.

II. POLICY

It is the policy of the ADOC to provide the appropriate treatment to inmates meeting the criteria for the DSM-IV diagnosis of Gender Identity Disorder.

III. DEFINITIONS

See AR 602, *Mental Health Definitions*, for a definition of the following terms used in this AR:

Gender Identity Disorder

Hormonal Replacement Treatment

Sexual Reassignment Therapy

Sex Offender

Transsexualism

Gender Identity Disorder Management and Treatment Committee

IV. RESPONSIBILITIES

- A. The Director of Treatment is responsible for ensuring that all ADOC staff and contracted mental health staff are aware of this AR.
- B. The Gender Identity Disorder Management and Treatment Committee is responsible for determining the appropriate treatment plan for identified inmates.

V. PROCEDURES

- A. Inmates will be assigned to an ADOC Institution in accordance with their gender as determined by their external genitalia.
- B. The initiation of sexual reassignment is prohibitive in a correctional setting. Self-inflicted genital mutilation or other forms of self-mutilation are contraindications for sexual reassignment treatment.
- C. Inmates entering ADOC with prior surgical alteration of genitals and/or hormonal therapy procedures will continue to receive maintenance hormone replacements.
- D. The institutional Psychiatrist will refer any inmate presenting with symptoms of Gender Identity Disorder to the Gender Identity Disorder Management and Treatment Committee.
 - 1. The committee is comprised of the ADOC Medical Director, Contract Chief Psychiatrist, and ADOC Director of Treatment.
 - 2. A medical specialist in the treatment of transsexuals may be retained as a consultant on specific cases.
 - 3. The diagnosis of Gender Identity Disorder will be based on DSM-IV criteria and will be assigned and/or approved by this committee. This committee will:
 - a. Conduct an evaluation of each identified inmate.
 - b. Develop an individualized treatment plan for each identified inmate.
 - c. The treatment plan will address medical, mental health, and personal adjustment needs.
- E. Sexual reassignment treatment:
 - 1. No surgical procedures for the purpose of sexual reassignment will be provided to any inmate incarcerated in the ADOC.

2. Treatment with hormonal medications for the purpose of sexual reassignment treatment will not be initiated while incarcerated in the ADOC.
 3. An inmate receiving hormonal medications as part of an established sexual reassignment treatment regimen under the supervision of a medical doctor at the time of incarceration will be allowed to continue hormonal medications.
 4. Prior sexual reassignment treatment must be verified through the request of medical records.
- F. Statistical data gathered concerning inmates identified with a Gender Identity Disorder will be recorded on ADOC Form MH-015, *Psychological Evaluation* or ADOC Form MH-014, *Psychological Evaluation Update*, for monthly reporting to the ADOC Director of Treatment.

VI. DISPOSITION

Refer to AR 601, *Mental Health Forms and Disposition*.

VII. FORMS

Refer to AR 601, *Mental Health Forms and Disposition*, for any form(s) used in this regulation.

VIII. SUPERCEDES

This regulation being a new regulation does not supercede any other regulation at this time.

IX. PERFORMANCE This AR is published under the authority of:

- A. National Commission of Correctional Health Care: Standards for Health Services in Prisons 2003. (P-A-09).
- B. Department of Mental Health and Mental Retardation Statutory Authority: The Code of Alabama, 1975, Section 22-50-11.
- C. Health Insurance Portability and Accountability Act of 1996 (HIPAA).



Donal Campbell, Commissioner